



SCOUTING FOR FOOD

Community Service is one of the cornerstones of the Boy Scout program. In the late 1980's, a Scout of Troop 46 conducted a food drive for the hungry as his Eagle Scout service project. Since that time, our Troop has conducted an annual Scouting for Food campaign.

For many of those years, our Scouts delivered flyers to the residents of Windsor Heights and western Des Moines soliciting non-perishable food items that were picked up and delivered to the Des Moines Area Religious Council (DMARC) Food Pantry. Unfortunately, many of the donated food items were later discarded by the DMARC staff because the items were out-dated or not considered sellable by grocer standards.

In 2008, we established a partnership with many local grocery stores to assist with our food drive. This change was made in an effort to improve the freshness and quality of food items received. Over the lifetime of this campaign over twenty thousand items have been donated to the DMARC Food Pantry that operates eight distribution locations within Polk County. For more information about the services offered by Des Moines Area Religious Council please click on the following link: www.dmreligious.org.

This year's campaign will be held on Saturday, March 13, 2010. Residents may deliver their non-perishable food items to any of the following locations between 9:00 am and 1:00pm:

Windsor Heights HyVee (7101 University Ave)

Suggested food items to consider:

Peanut butter (seal intact)	spaghetti sauce	macaroni/spaghetti
Canned vegetables	canned fruits	canned tomatoes and sauce
Soups (canned & ramen)	noodles	canned meals (stew, chili)
Saltines	biscuit muffin mix	canned tuna, chicken or ham
Packaged dinners (Helpers, etc)	rice	baby food
Instant potatoes	gelatin	baby formula
Macaroni/cheese	cereal (hot or cold)	

Troop 46 B.S.A. serve the Windsor Heights and western Des Moines area for over 50 years. Our Troop membership consists of fifteen youth and six adult leaders with an active Troop Committee. Meetings are held on Monday evenings at Windsor United Methodist Church, 6222 University Ave, Des Moines. All boys ages 11 through 18 are welcome to visit us.

The Scouts and adult leaders of Troop 46 thank you for embracing the challenges of the hungry. Hunger knows no boundaries! It affects people of all ages, from the newborn infants to the elderly. In a country of boundless prosperity, no one should go to bed hungry!